

## New Intakes - Medical Diet Guide for Parents

Chartwells are passionate that every student has the same opportunity to eat school meals regardless of their medical requirements, therefore medical diets are an extremely important part of our catering provisions. We define a medical diet as a requirement different to the choices offered on the main menu due to a food allergy or intolerance. Chartwells have a dedicated medical diet team which supports all medical diet queries and requests whether it be alleviating parent concerns or creating medical diet menus for single or multiple allergens, a medical diet nutritionist will be available all year round to support our catering teams and our medical diet students enabling them to eat safely with us.

### **Inside this pack parents will find:**

- A) *Medical Diets Parents Guide*
- B) *Medical Diet Request Form*
- C) *Medical Diet Evidence Support Form*
- D) *Chartwells Nut Policy Statement*
- E) *Chartwells 'May Contain Nuts' Consent Form*
- F) *Information on our Vegan Suitable Menu and Specific Medical-Related Dietary Requirements*
- G) *Frequently Asked Questions relating to Medical Diets*

### **SECTION A**

**If you have a child with an ALLERGY/INTOLERANCE and would like a hot School dinner, please follow the steps listed below:**

1. Fill out our '*Medical Diet Request Form*' (B)
2. Find a copy of corresponding medical evidence (this can be an allergy action plan, professional medical care plan, or a letter from the Doctor/Dietician or medical professional).
3. If you don't have written medical evidence, please use our '*Medical Diet Evidence Support Form*' (C) to help you obtain this information.
4. Return the completed '*Medical Diet Request Form*' (B) along with corresponding medical evidence to your school office, who will pass them onto the Chartwells medical diets team.

**Please ensure new medical diet requests are submitted by Friday 19<sup>th</sup> July 2024 or we cannot guarantee a medical diet menu will be in place for the start of September and they will be provided with a jacket potato until this process has been completed.**

### **SECTION B**

**If your child has a NUT ALLERGY, please follow the steps below:**

1. If your child has a nut allergy but can tolerate products that 'may contain nuts', sign the '*Nut Safety Consent Form*' (E), this will allow them to eat off the regular school menu.
2. If your child is unable to tolerate products which 'may contain nuts', please refer back to SECTION A and complete the '*Medical Diet Request Form*' (B).

**For more information on our Medical Diet menus please see our '*Medical Diets Parents Guide*' (A)**

If you have any queries, please don't hesitate to contact your Chartwells Nutritionist – Gemma Gill, who is part of the medical diets team and is happy to help: [Gemma.gill@compass-group.co.uk](mailto:Gemma.gill@compass-group.co.uk)