

Friday 9th June 2023



Year 6 on their Jamie's Farm residential trip

Second hand uniform sale

One of our parents has offered to set up a second-hand uniform sale for good quality outgrown Box school uniform. To make it work we'd need a small group of volunteers to help run it, with the idea being to hold a sale a couple of times a year. If you would like to be involved please get in touch with the school office.

Warm weather

With the weather continuing to treat us with a run of warm sunny days please ensure your child has a hat and water bottle in school and a coat for those (occasional) showery days. It is recommended that sun cream is applied before they come to school.

Triple P—online

Parenting courses are offered face to face and virtually across Wiltshire, due to an increase in demand Triple P online is now available free of charge for a limited number of parents of primary school children in Wiltshire.

Triple P online consists of eight one-hour long modules for parents to complete in their own time, but a professional can support if required. Find out more [online](https://www.parenting.gov.uk) or email parenting@wiltshire.gov.uk

Mid-morning milk

If you'd like your child to have milk during morning break it can be purchased from our provider, Cool Milk, at a subsidised rate of 28p per day. To register and order milk for your child please visit www.cool.milk.com/register. Orders have to be made by 5pm on a Tuesday for delivery the following week.

Free milk is available for children to have until their 5th birthday. If your child is over 5 and in receipt of free school meals please speak to the school office if you'd like them to receive milk.

Information leaflet

Attached to this newsletter is leaflets about the NHS Healthy Start scheme.



Box CE VC Primary School

School Diary Summer 2023

Term 6

07-09/06/23 - Year 4 residential visit to Braeside

13/06/23 - Ash class trip to Warleigh Lodge Farm

16/06/23 - Willow class assembly 9:30am in the church, please join us if you're able to

22/06/23 - Chestnut & Sycamore classes Mosque trip

23/06/23 - Sports Day 1:20pm

30/06/23 - Oak class assembly 9:30am in the church, please join us if you're able to

04/07/23 - Year 6 Young Apprentice

13/07/23 - KS2 production, The Wizard of Oz, Wiltshire Music Centre, 4pm start

18/07/23 - open evening

25/07/23 - leavers service 2pm in the church & last day of term

Save the date!

Charity Book and Cake Sale
Friday 7th July, after school

Please donate books to the
box in the school reception by
Tuesday 5th July

Thank you from the Y6 team

What can I buy?

Fruit and vegetables



They can be:

- fresh, frozen or tinned
- whole or chopped
- packaged or loose
- fruit in fruit juice
- fruit or vegetables in water
- fresh, dried or tinned pulses



They cannot:

- have added ingredients like fat (oil), salt, sugar or flavourings
- be juiced or pre-cooked
- be fruits in syrup
- be smoothies

Plain cow's milk



This needs to be plain cow's milk, which is pasteurised, sterilised, long-life or ultra-heat treated (UHT).



It cannot be:

- flavoured
- coloured
- evaporated
- condensed
- plant-based milk
- powdered (unless it's stage one infant formula)

Infant formula



It should be:

- suitable from birth
- made from cow's milk

Healthy Start vitamins

You can use your NHS Healthy Start prepaid card to collect free Healthy Start vitamins.

If you live in England, find your nearest vitamin provider on the NHS Healthy Start website: www.healthystart.nhs.uk

If you live in Wales, ask your midwife or health visitor where to collect your vitamins.

If you live in Northern Ireland, we'll send you a letter explaining how to request your vitamins.

Take your prepaid card with you when you collect them.

For more information and to apply to the NHS Healthy Start scheme, visit:

www.healthystart.nhs.uk

Or call us on **0300 330 7010**

Our contact centre is open Monday – Friday, 8am – 6pm (except public holidays)



Follow us on Facebook and Twitter
@NHSHealthyStart

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NHS

NHS Healthy Start

Helping young families
on low incomes to
access healthy food,
milk and vitamins.



What is NHS Healthy Start?

If you're pregnant or have children under the age of four you could get payments every four weeks to spend on:

- cow's milk
- fresh, frozen or tinned fruit and vegetables
- infant formula milk
- fresh, dried, and tinned pulses

You could also get free Healthy Start vitamins.

You'll get:

- £4.25 each week of your pregnancy (from the 10th week of your pregnancy)
- £8.50 each week for children from birth to one year old
- £4.25 each week for children between one and four years old

Your money will stop after your child's fourth birthday, or if you no longer receive benefits.

Who can apply?

You could qualify for the NHS Healthy Start scheme if you're at least 10 weeks pregnant or you have at least one child aged under four.

In addition, you must be receiving any of the following:

- Child Tax Credit (only if your family's annual income is £16,190 or less)
- Income Support
- Income-based Jobseeker's Allowance
- Pension Credit (which includes the child addition)
- Universal Credit (only if your family's take-home pay is £408 or less per month from employment)

You will also be eligible for NHS Healthy Start if:

- you're under 18 and pregnant, even if you are not claiming any benefits
- you claim income-related Employment and Support Allowance (ESA) and are over 10 weeks pregnant
- you or your partner get Working Tax Credit run-on only. (Working Tax Credit run-on is the Working Tax Credit you receive in the four weeks immediately after you have stopped working for 16 hours or more per week)

How to apply



Visit
www.healthystart.nhs.uk



Fill in the online application form



Receive your prepaid card in the post



You'll need to activate your card to get your PIN before using it



Shop for healthy food and milk in most retail stores that sell the eligible food and milk items and accept Mastercard® payments



You'll need to insert your card into the card reader and enter your PIN the first time you use your card

Your card will be topped up with your benefit every four weeks.

You can also use your card to collect free Healthy Start vitamins.

