

# WEEK 1 MENU

17-Apr 08-May 29-May 19-Jun 10-Jul  
 31-Jul 21-Aug 11-Sep 02-Oct 23-Oct 13-Nov  
 04-Dec 25-Dec 15-Jan 05-Feb 26-Feb  
 18-Mar 08-Apr


























## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Dish 1	<b>Cheese &amp; Tomato Pizza</b> Deep base pizza with a cheese and tomato topping 	<b>Sausages &amp; Mash</b> Pork & beef cocktail sausages in gravy served with mashed potato	<b>Roast Chicken with Roast Potatoes and Gravy</b>  Roast chicken with roast potatoes and gravy	<b>Beef Pasta Bolognese</b> Traditional beef bolognese with fusilli pasta	<b>Fish Fingers &amp; Chips</b> Breaded cod fish fingers with optional tomato ketchup
Dish 2	<b>Chickpea and Vegetable Tikka Masala and Rice</b>  Mild tikka masala sauce with chunky vegetables and brown rice 	<b>Macaroni Cheese</b>  Traditional macaroni in a cheesy sauce	<b>Cheese &amp; Vegetable Bake</b>  Creamy vegetable bake with roast potatoes 	<b>Plant-Based Balls in Tomato Sauce with Rice</b>  vegan balls in rich tomato sauce with rice 	<b>Vegetarian Burger &amp; Chips</b>  Quorn patty in a bun with the optional tomato ketchup
Jacket Potato	<b>Jacket Potato with Cheese</b> 	<b>Jacket Potato</b>  With vegetarian Bolognese 	<b>Jacket Potato with Salmon Mayo &amp; Salad</b>  	<b>Jacket Potato with Baked Beans</b>  	<b>Jacket Potato with Cheese</b> 
Allergy Meal	<b>SD VEGETABLE PAELLA</b> 	<b>SD CHICKEN AND SWEETCORN PASTA</b>	<b>SD VEGETABLE PIE WITH POTATO TOP</b> 	<b>SD CHEESE AND TOMATO PASTA</b> 	<b>SD GF FISH AND CHIPS &amp; SD HERBY CHICKEN AND POTATOES</b>
Vegetables	Golden Sweetcorn or Salad	Rainbow Vegetables or Salad	Carrots and Cabbage	Garden Peas or Salad	Baked Beans or Salad
Desserts	<b>Smooth Fruit Yoghurt</b>	<b>Cranberry &amp; Orange Shortbread</b>	<b>Jammy Jack</b>	<b>Pineapple Upside Down Cake</b> 	<b>Fruity Friday</b> 

Bread, Milk, Salad, Water & Fruit available every day.  
 Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

2023/2024



# WEEK 2 MENU

24-Apr 15-May 05-Jun 26-Jun 17-Jul 07-Aug  
 28-Aug 18-Sep 09-Oct 30-Oct 20-Nov 11-Dec  
 01-Jan 22-Jan 12-Feb 04-Mar 25-Mar



2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish 1	<b>Cheese &amp; Tomato Pizza</b> Deep base pizza with a cheese and tomato topping	<b>Chinese Chicken &amp; Egg Rice</b> Mild spicy egg rice and chicken	Roast Ham with Roast Potatoes and Gravy Roast Ham with roast potatoes and gravy	<b>Beef Burger in a Bun</b> Traditional beef burger with ketchup and diced potatoes	<b>Fish Fingers &amp; Chips</b> Breaded cod fish fingers with optional tomato ketchup
Dish 2	<b>Cauliflower Macaroni Cheese</b> Cauliflower and macaroni in a cheesy sauce	<b>Cheese &amp; Tomato Pasta</b> Creamy cheese and tomato sauce with pasta	<b>Vegetarian Sausage, Roast Potatoes &amp; Gravy</b> Quorn sausage in gravy with roast potatoes	<b>Vegetarian Pasta Bolognese</b> soya mince with traditional bolognese sauce and pasta	<b>Vegetarian Dippers and Chips</b> Crispy Dippers with optional tomato ketchup
Jacket Potato	<b>Jacket Potato With Baked Beans</b>	<b>Jacket Potato With Cheese</b>	<b>Jacket Potato With Tuna Mayo &amp; Salad</b>	<b>Jacket Potato With Baked Beans</b>	<b>Jacket Potato</b> With vegetarian bolognese
Allergy Meal	<b>SD TOMATO AND LENTIL PASTA</b>	SD CHICKEN 'FRIED' RICE	<b>SD HERBY CHICKEN AND POTATOES</b>	<b>SD MINCED BEEF AND POTATOES</b>	<b>SD GF FISH AND CHIPS &amp; SD HERBY CHICKEN AND POTATOES</b>
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans or Salad
	Banana Marble Sponge	Smooth Fruit Yoghurt	Apricot Shortbread	Jammy Jack	Fruity Friday

Bread, Milk, Salad, Water & Fruit available every day.  
 Ketchup served on Friday

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice



# WEEK 3 MENU

01-May 22-May 12-Jun 03-Jul 24-Jul 14-Aug  
 04-Sep 25-Sep 16-Oct 06-Nov 27-Nov 18-Dec  
 08-Jan 29-Jan 19-Feb 11-Mar 01-Apr



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

2023/2024

Dish 1	<b>Cheese &amp; Tomato Pizza</b> Deep base pizza with a cheese and tomato topping	<b>Sausages &amp; Mash</b> Pork & beef cocktail sausages in gravy served with mashed potato	<b>Roast Chicken with Roast Potatoes and Gravy</b> Roast chicken with roast potatoes and gravy	<b>Chicken Tikka Masala and Rice</b> Mild tikka masala sauce with chicken and rice	<b>Fish Fingers &amp; Chips</b> Breaded cod fish fingers with optional tomato ketchup
Dish 2	<b>Beany Chilli &amp; Rice</b> Baked bean mild chilli with white rice	<b>Chinese Vegetable &amp; Egg Rice</b> Mild spicy egg rice and vegetables	<b>Vegetarian Sausage, Roast Potatoes &amp; Gravy</b> Quorn sausage in gravy with roast potatoes	<b>Macaroni Cheese</b> Traditional macaroni in a cheesy sauce	<b>Plant-Based Balls in Tomato Sauce &amp; Chips</b> Vegan balls in a rich tomato sauce
Jacket Potato	<b>Jacket Potato</b> With Baked Beans	<b>Jacket Potato</b> With Tuna Mayo	<b>Jacket Potato</b> With Cheese & Salad	<b>Jacket Potato</b> With vegetarian bolognese	<b>Jacket Potato</b> With Cheese
Allergy Meal	<b>SD BEEF CHILLI AND RICE</b>	<b>SD VEGETABLE PAELLA</b>	<b>SD MINCED BEEF AND POTATOES</b>	<b>SD GF MACARONI CHEESE</b>	<b>SD GF FISH AND CHIPS &amp; SD HERBY CHICKEN AND POTATOES</b>
Vegetables	<b>Rainbow Vegetables or Salad</b>	<b>Garden Peas or Salad</b>	<b>Carrots and Cabbage</b>	<b>Green Beans or Salad</b>	<b>Baked Beans or Salad</b>
Desserts	<b>Pineapple Upside down cake</b>	<b>Smooth Fruit Yoghurt</b>	<b>Cranberry &amp; Orange Shortbread</b>	<b>Mandarin &amp; Lemon Drizzle Slice</b>	<b>Fruity Friday</b>

Bread, Milk, Salad, Water & Fruit available every day.  
 Ketchup served on Friday

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

