



MONDAY

**HOT SPECIALS...**

**Cheese & Tomato Pizza** ✓  
Cheesy tomato topped pizza slice

**Beef Meatballs & Pasta**  
Classic Italian beef meatballs in a tomato sauce

**DAILY FAVES...**

**Jacket Potato** ✓  
with baked beans

**week 3** W/c: 26/04, 17/05, 07/06, 28/06, 19/07, 09/08, 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02, 07/03, 28/03, 18/04

**SIDES...**

Sweetcorn  
Green Beans

**PICK A PUD!**

Oat & Honey Shortbread

TUESDAY

**Traditional Mac 'N' Cheese** ✓  
Delicious macaroni in a creamy cheese sauce

**Chicken Korma with Rice**  
Chicken in a mild curry sauce with rice

**Jacket Potato**  
with tuna & cucumber mayo

Peas  
Carrots

Yoghurt & Granola

WEDNESDAY

**Roast Ham with Roast Potatoes and Gravy**  
Sliced ham with roasties and gravy

**Quorn Sausage & Potatoes with Gravy** ✓  
Roast potatoes with Quorn sausages and rich gravy

**Jacket Potato** ✓  
with cheese or baked beans

Cabbage  
Carrots

Banana Cake & Custard

THURSDAY

**Cheese & Tomato Pasta** ✓  
Tomato and basil sauce with fusilli pasta topped with cheese

**Butternut Squash & Chickpea Curry with Rice** ✓  
A butternut squash and chickpea curry

**Jacket Potato** ✓  
with veggie bolognese

Spring Vegetable Mix

Yoghurt & Fruit Slices

FRIDAY

**Fish & Chips**  
Our traditional Friday favourite

**Veggie Burger & Chips** ✓  
A delicious Quorn burger with chips

**Jacket Potato** ✓  
with coleslaw & cheese

Baked Beans  
or  
Peas

Apple & Mango Drizzle Cake



# Food Super Heroes Menu

YOUR FAVOURITES available everyday

OUR NEW MENU! chosen by our parents and children



**THREE WEEK MENU**  
2021/22



**week 1** W/c: 03/05, 24/05, 14/06,  
05/07, 26/07, 16/08, 06/09,  
27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01,  
21/02, 14/03, 04/04

**week 2** W/c: 19/04, 10/05, 31/05,  
21/06, 12/07, 02/08, 23/08,  
13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01,  
07/02, 28/02, 21/03, 11/04

MONDAY	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	MONDAY
	<p><b>Sausage &amp; Mash with Gravy</b> Mash with pork and beef sausages and rich gravy</p> <p><b>Cheese &amp; Tomato Pasta</b>  Tomato and basil sauce with fusilli pasta topped with cheese</p>	<p><b>Jacket Potato</b>  with cheese or baked beans</p>	<p>Green Beans</p> <p>Carrots</p>	<p><b>Yoghurt &amp; Granola</b></p>	
	<p><b>Traditional Mac 'N' Cheese</b>  Delicious macaroni in a creamy cheese sauce</p> <p><b>Chicken Tikka Masala with Rice</b>  A delicious mild Chicken Tikka Masala</p>	<p><b>Jacket Potato</b> with salmon &amp; cucumber mayo </p>	<p>Spring Vegetable Mix</p>	<p><b>Apple &amp; Mango Drizzle Cake</b> </p>	
	<p><b>Roast Beef with Roast Potatoes &amp; Gravy</b> Succulent roast beef with roasties and gravy</p> <p><b>Sweet Potato &amp; Chickpea Loaf</b>  with roast potatoes &amp; gravy</p>	<p><b>Jacket Potato</b> with baked beans</p>	<p>Cabbage</p> <p>Carrots</p>	<p><b>Jammy Jack Flapjack</b></p>	
	<p><b>Cheese &amp; Tomato Pizza</b>  Cheesy tomato topped pizza slice</p> <p><b>Vegetable Burrito</b>  A soft wrap filled with lightly spiced veggies and rice</p>	<p><b>Jacket Potato</b>  with veggie bolognese</p>	<p>Sweetcorn</p> <p>Coleslaw</p>	<p><b>Oat &amp; Honey Shortbread</b></p>	
	<p><b>Fish &amp; Chips</b> Our traditional Friday favourite</p> <p><b>Veggie Nuggets &amp; Chips</b>  Battered Quorn nuggets with chips</p>	<p><b>Jacket Potato</b>  with tuna mayo or cheese</p>	<p>Baked Beans or Peas</p>	<p><b>Yoghurt &amp; Fruit Slices</b> </p>	

MONDAY	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	MONDAY
	<p><b>Cheese &amp; Tomato Pizza</b>  Cheesy tomato topped pizza slice</p> <p><b>Beef Pasta Bolognese</b> A classic Italian beef bolognese in a yummy tomato sauce</p>	<p><b>Jacket Potato</b>  with cheese</p>	<p>Peas</p> <p>Sweetcorn</p>	<p><b>Muesli Flapjack</b></p>	
	<p><b>Sausage &amp; Mash with Gravy</b> Mash with pork and beef sausages and rich gravy</p> <p><b>Veggie Chilli &amp; Rice</b>  A classic vegetable chilli served with rice</p>	<p><b>Jacket Potato</b>  with baked beans</p>	<p>Green Beans</p> <p>Peas</p>	<p><b>Yoghurt &amp; Fruit Slices</b> </p>	
	<p><b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Delicious roast chicken with roasties and gravy</p> <p><b>Sweet Potato &amp; Chickpea Loaf</b>  with roast potatoes &amp; gravy</p>	<p><b>Jacket Potato</b>  with cheese or baked beans</p>	<p>Cabbage</p> <p>Carrots</p>	<p><b>Jammy Jack Flapjack</b></p>	
	<p><b>Traditional Mac 'N' Cheese</b>  Delicious macaroni in a creamy cheese sauce</p> <p><b>Chicken Fillet Sandwich with Diced Potatoes</b> A chicken fillet sandwich with diced potatoes</p>	<p><b>Jacket Potato</b> with tuna &amp; cucumber mayo</p>	<p>Green Beans</p> <p>Sweetcorn</p>	<p><b>Yoghurt &amp; Granola</b></p>	
	<p><b>Fish &amp; Chips</b> Our traditional Friday favourite</p> <p><b>Cheese &amp; Vegetable Frittata &amp; Chips</b>  Yummy cheese and vegetable frittata with chips</p>	<p><b>Jacket Potato</b>  with veggie bolognese</p>	<p>Baked Beans or Peas</p>	<p><b>Banana Cake &amp; Custard</b> </p>	

Vegetarian Oily fish  
 Wholegrain Fruity!

**Water, milk, salad, bread and fruit** Available every day!

