

# Box CE VC Primary School



## Child Friendly Anti Bullying Policy

January 2017

### Our School

At Box Primary School, we believe that everyone should feel safe and secure. We celebrate that we are all different and are proud of who we are. We feel everyone should behave in a friendly and respectful way with no bullying. Everyone at our school is equal and should be treated equally.



### How should we behave?

We should behave in a respectful way. This means we should be friendly and kind to everyone, even if you do not really like them.



### What is bullying?

Bullying is the behaviour of a single person or a group of people that hurts another person on purpose. The behaviour is usually repeated over time and it is difficult for those being bullied to defend themselves.



Bullying has to happen several times and be on purpose. Bullying can be:

**Emotional** - hurting your feelings, ignoring you, leaving you out, and laughing at you.

**Physical** - punching, kicking, spitting hitting, pushing.

**Verbal** - being teased, name calling, spreading rumours, sarcasm.

**Racist** - calling you racist names, graffiti, unkind gestures, teasing you about your culture and religious beliefs  
**Homophobic** - calling you names related to your sexuality such as 'gay'.

**Gender** - unwanted and inappropriate contact or comments.

**Cyber** - saying unkind things by text, e-mail and messaging services e.g. Instagram, Kik, Snapchat and Skype.

### What we can do if we feel we are being bullied?

- Tell an adult or a friend
- Walk away from a situation.
- Stay with our friends at playtime so we feel safe and part of a group.
- Be brave, try not to worry and tell the person to leave you alone but you shouldn't fight or be nasty back.

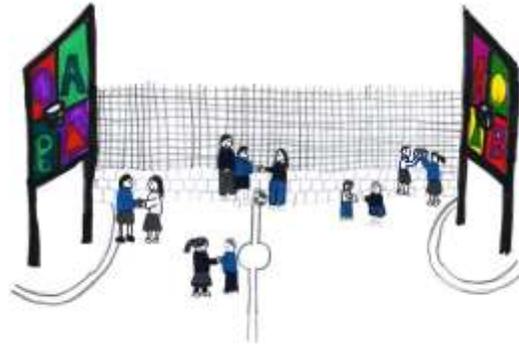
No one deserves to be bullied and if someone decides to bully us, we must remember that it is not our fault.

It is important to tell an adult either at home or at school if we feel that we are being bullied. The staff at school will always take us seriously and sort out the problem.



### What can we do if we feel someone else is being bullied?

- Be a good friend, talk to them and encourage them to do the right thing by telling an adult.
- If they are too scared, then you should tell someone for them.



### What do we do at Box Primary School to stop bullying from happening?

We have school rules and PSHE (personal, social and health education) lessons where we learn how to treat other people properly and how we should expect to be treated ourselves. The staff set a good example by showing us how to treat each other. We often talk about respect in school and what this means. If we tell an adult that we think we are being bullied, they will listen to us and help us to sort it out.

### We want to live by the FRIENDS code. We should be:

**F**riendly to people, even if we don't particularly like them or know them

**R**esponsible for our own success and happiness

**I**ncluding people in our games and conversations

**E**ncouraging other people's interests and ideas

**N**icely playing with friends letting them play with who they want when they want

**D**oing a good deed every day

**S**miling!

